

Syverson Pool



W122 Iron Street
Spring Valley, WI
(715)778-5605 after June 1st

Contact: Pool Director Kelly Johnson
Email: johnsonk@springvalley.k12.wi.us
Home: 715-778-4335

- Syverson Pool accepts payment by cash and check for all services.
- Online payments for swimming lessons and pool passes can be made on the School District of Spring Valley website beginning April 19, 2024.

2024 Syverson Pool Fees

	Season Pass	Daily Fee	Punch Card	Lessons
Child (Age 2-17)	\$90	\$4	\$35/10 punch	(see
Adult (Age 18+)	\$100	\$5	\$45/10 punch	table
Family(immediate)	\$175	\$20	~~~~~	below)

Note: The "daily" fee applies to a full day of swimming from 1:30-5pm & 6-8pm.

- **FREE PROGRAMS** with the purchase of a season pass include:
Adult Lap Swim, Water Aerobics, Teen Night, and Family Night.
- Receive a **FREE 5-punch guest pass** with the purchase of a season pass!

2024 Swimming Lesson Fees

*Reside within the Spring Valley School District =	\$50
*Reside within the district with the purchase of a season pass (family or individual/per child) =	\$40
*Reside out of the Spring Valley School District =	\$60
*Reside out of the district with the purchase of a season pass (family or individual/per child) =	\$50

Season Pass & Swimming Lesson Payment Options

- **ON-LINE POOL PAYMENTS:** Payment options for swimming lessons & pool passes can be found on the SVSD home page at www.springvalley.k12.wi.us. Click on "Online Payments" and then "Shop." ** THIS IS A PAYMENT SITE ONLY - SEE THE NEXT PAGE FOR SWIMMING LESSON REGISTRATION INFORMATION.**
- **MAILED-IN PAYMENTS:** Payments can be written out & mailed to: School District of Spring Valley, S1450 CTH CC, Spring Valley, WI 54767, ATTN: Swimming Lessons/ Kelly Johnson. Thank you!
- **Reduced lesson fees** are available to free/reduced SV District hot lunch qualifiers.

Pool Season: June 1 – August 31

- **Regular pool hours from 1:30-5pm & 6-8pm will begin on Saturday, June 1st & will continue for the rest of the summer. But, we will have SVSD after school hours only from 4-8pm on school days Aug. 27, 28, & 29. We will have regular open swim hours from 1:30-5pm & 6-8pm on Friday, Aug. 30 and Saturday, Aug. 31.**
- **Note: July 4th we will be open 1:30-5pm only. We will be closed in the evening so our staff can participate in the festivities & fireworks!**

Swimming Lesson Registration Information

ONLINE SVSD STUDENT REGISTRATION ONLY:

- **Friday, April 19th at 4pm:** Spring Valley School District (SVSD) families with children who attend SV schools will receive an **SVSD Skylert email** with summer school and swimming lesson registration information.
- **Friday, April 26th at 2pm:** The Skyward online registration system will go live for SVSD elementary students for summer school classes and/or swimming lessons.
 - **Note:** To register for Parent/Child Aquatics 1 & 2, Jr. Lifeguarding, Lifeguard Training, or private lessons please email or call Pool Director Kelly Johnson at johnsonk@springvalley.k12.wi.us or 715-778-4335. Dates & times follow below.
 - If you would like to register a child who is attending summer school for the 11:30-noon level 2 or level 4 classes, please remember that these students WILL NOT be bussed home - alternative transportation plans are needed.
 - Bussing is provided for summer school/lessons in June for students registered for Spring Valley Elementary summer school classes. No bussing offered in July.
 - SVSD students who are not taking summer school classes may still register online for swimming lessons only. Private transportation will be needed.
- **Friday, May 3rd at 4pm:** SVSD online registration will close for summer school classes and swimming lessons, but swimming lesson registration will continue by phone & email.

EMAIL OR PHONE REGISTRATION FOR ANYONE:

Saturday, May 4th at 11am: Families who do not live in the SV School District, or who live in the district but do not attend SV Schools, or who are unable to register on Skyward can register by email or phone. Send a detailed email or leave a detailed phone message for Pool Director Kelly Johnson at johnsonk@springvalley.k12.wi.us or 715-778-4335.

- **Please List:** **1.** child's name, **2.** parent/guardian name, **3.** phone number & email, **4.** age, **5.** session choice: session 1 (June) or 2 (July), **6.** swim level, and **7.** choice of top 2 preferred class times. ****Look for a confirmation email or a call within 48 hrs.****
- Syverson Pool Summer 2024 information & swim class offerings can also be found on the "Syverson Pool-Spring Valley, WI" Facebook page & at the SVSD website. Click on the "Syverson Pool" tab on the right-hand side of the SVSD website home page.

*FOR NEW/YOUNG SWIMMERS JUST STARTING LESSONS:

- **Children are placed** into our entry-level swimming classes **according to age & comfort level** in the water. Please read the class descriptions on the next page & contact Kelly Johnson if you are not sure where to place your child.
- If your child is **under the age of five and not entering kindergarten** and you would like to register for lessons, you need to register for one of the **Parent/Child Aquatics classes**. (All PCA classes are email/call-in registration only!)
- If your child is **five and/or entering kindergarten** you may register for a **level 1 or level 2 class – taking into consideration that:**
 - **LEVEL 1** is designed **for children who have not had much water experience**, are hesitant in the water, are not quite ready to learn to float without assistance, and are **unable to dunk their heads independently** and comfortably. This class is held in the first section (2-3 ft. deep) of the pool.
 - **LEVEL 2** is designed **for children who are comfortable in the water**, are not hesitant, are ready to learn to float alone, **and who are able to dunk their heads** independently and comfortably. (Class also first section of the pool.)

American Red Cross Swimming Lesson Course Offerings

- **Session 1 Lesson Dates: June 10-14 & 17-21**
- **Session 2 Lesson Dates: July 8-12 & 15-19**
 - **Level 1-** Introduction to Water Skills (9:00 & 10:30am)
 - **Level 2-** Fundamental Aquatic Skills (9:30am, 10am, 11am, & 11:30am)
 - **Level 3-** Stroke Development (9:30am, 10am, 10:30am, & 11am)
 - **Level 4 -** Stroke Improvement (9am, 9:30am, 10:30am, & 11:30am)
 - **Level 5 -** Stroke Refinement (10am & 11am)
 - **Level 6 -** Swimming & Skill Proficiency ~ Personal Water Safety (9am only)
- **THE FOLLOWING CLASSES MUST BE REGISTERED FOR BY EMAIL OR CALL-IN ONLY:**
Please contact Pool Director Kelly Johnson to register for these classes by emailing johnsonk@springvalley.k12.wi.us or calling 715-778-4335 starting May 4th @ 11am.
 - **Parent & Child Aquatics 1** – swimming classes for 1-3 year-olds with their parents, learning together in the water! (\$25 for the 1 week PCA1 class, \$35 out-of-district)
 - **Session 1: Week of June 24-28 (1 week, M-F, 5:15-5:45pm) OR,**
 - **Session 2: Week of July 29-Aug.2 (1 week, M-F, 5:15-5:45pm)**
 - **Parent & Child Aquatics 2** - swimming classes for 3-5 year-olds with their parents, learning together in the water! (\$50 for PCA2 class, \$60 out-of-district)
 - **Session 1: June 10-14 & 17-21 (2wks, M-F, 5:15-5:45pm) OR,**
 - **Session 2: July 8-25 (3wks, M/T/TH, 5:15-5:45pm)**
 - **Jr. Lifeguarding** - Pre-lifeguarding course (July Session II only, from 11-noon)
 - **Lifeguard Training** – American Red Cross certification, must be 15 yrs. by end of session to pass the class. (Cost: \$110 July 22-26 & 29- Aug. 2 from 9am-noon)
 - **Private Swimming Lessons** – for any age, scheduled individually around pool calendar and instructor availability. Call or email to schedule. (\$25/half hour)

Swimming Lesson Levels Descriptions

Parent & Child Aquatics - PCA 1 (for 1-3 yr-olds) & PCA 2 (for 3-5 yr-olds)

Objective: To acquaint young children to the water for comfort, safety, & fun, & to help parents in developing swimming skills for their kids by learning proper techniques & assists.

Requirements: parents will be in the water one on one with their children.

Level 1 - Introduction to Water Skills (9:00 & 10:30am)

Objective: To help students feel comfortable in the water & to enjoy the water safely

Requirements: 5 years old OR entering Kindergarten (Syverson Pool requirement)

Skills Covered: Enter & exit the water safely & independently, learn to submerge mouth, nose & eyes with breath control (comfortably); front & back float & recover to a stand (with support), use hands to change direction in the water, swim across pool on front & back (with support)

Level 2 - Fundamental Aquatic Skills (9:30am, 10am, 11am, & 11:30am)

Objective: To give students success with fundamental skills

Requirements: possess a Level 1 certificate OR demonstrate all the Level 1 skills

Skills Covered: Enter water by stepping or jumping in from the side, submerge entire head for 3 seconds, blow bubbles for 3 seconds, open eyes underwater, float & glide on front & back independently, swim on front (face in, lifting to breathe) & on back across pool independently (12 yards – Syverson Pool benchmark due to depth of level 3,) & receive Safety Day Information

Level 3 - Stroke Development (9:30am, 10am, 10:30am, & 11am)

Objective: To build on Level 2 skills & begin to learn strokes through additional guided practice

Requirements: possess a Level 2 certificate or demonstrate all the Level 2 skills

Skills Covered: Jump into deep water, head first entry from sitting/kneeling, retrieve submerged object, bobbing, survival & back float, tread 30 sec, push off & glide front & back, front crawl & elementary backstroke 15yds, dolphin kick & scissors kick, & Safety Day Info

Level 4 - Stroke Improvement (9am, 9:30am, 10:30am, & 11:30am)

Objective: To develop confidence in the strokes learned thus far & to improve other aquatic skills by increasing endurance through swimming greater distances

Requirements: possess a Level 3 certificate or demonstrate all the Level 3 skills

Skills Covered: standing dive, underwater swim, feet-first surface dive, survival swim, tread water 2 min, open turns, front crawl & elementary backstroke 25 yds; breaststroke, back crawl, butterfly, & sidestroke 15 yds, & receive Safety Day Information

Level 5 - Stroke Refinement (10am & 11am)

Objective: To coordinate and refine strokes over greater distances

Requirements: Possess a Level 4 certificate OR demonstrate all the Level 4 skills

Skills Covered: Shallow dive, tuck & pike surface dives, tread water 5 min, flip turns on front & back, front crawl & elementary backstroke 50 yds, butterfly, breaststroke, back crawl & sidestroke 25 yds, sculling 30 sec, & receive Safety Day Information

Level 6 - Swimming & Skill Proficiency/Personal Water Safety (9am only)

Objective: To refine strokes to swim with more ease, efficiency, & power over greater distances

Requirements: Possess a Level 5 certificate OR demonstrate all the Level 5 skills

Skills Covered: Front crawl & elementary backstroke 100yds; back crawl, breaststroke, sidestroke & butterfly 50 yds; flip turns, survival float & back float 5 min each, tread water 2 min, continuous swim 500yds, surface dive & retrieve object from 7 feet, & Safety Day Info

****NOTE ON SKILLS EVALUATION:**** Students are required to master certain skill components in each level to move on to the next level. Strokes are taught as skill components in stages over more than one level – starting with the kick and then adding other components of the stroke. Students commonly may repeat a level because of the requirement for skill mastery. Sometimes more in-water practice time is needed, and sometimes kids just need time to grow and to gain strength and coordination. Try to bring your kids to the pool often to practice and have fun! :o)

Junior Lifeguarding - Session II Only: July 8-12 & 15-19 ~ 2wks M-F (11am-noon)

Objective: Designed to guide adolescents ages 11–14 to the Red Cross Lifeguarding course by building a foundation of knowledge, attitudes, and skills of future lifeguards. It serves to bridge the gap between Learn-to-Swim and Lifeguarding. (No official lifesaving certification is earned.)

Requirements: Passed level 6, or show strong ability to swim front crawl and breast stroke. A knowledge of & ability to swim side stroke, back crawl, elementary backstroke, & butterfly is also recommended due to the nature of lifeguard lesson aide assistance at Syverson Pool.

Skills Covered: Development of swimming skills & endurance, & an introduction to victim recognition, First Aid/CPR/AED, & water rescue skills. **Cost: \$50 in-district, \$60 out**

Lifeguard Training - July 22-26 & 29-Aug.2 ~ 2wks M-F (9am-noon)

Objective: Learn the skills to earn 2-year American Red Cross certifications in lifeguarding, CPR, & first aid. Lifeguarding can be a rewarding job for teens, college students, & adults!

Requirements: The American Red Cross requires that a student must be at least 15 years of age to pass this class and work as a lifeguard. Candidates must also have either passed level 6 or show a strong ability to swim the front crawl & the breast stroke. A knowledge of & ability to swim the side stroke, back crawl, elementary backstroke, & butterfly is also recommended due to the nature of lifeguard swimming lesson aide assistance expectations at Syverson Pool. A swimming prerequisite will be completed on the first day of class including: a 300 yard swim with 2 minutes of treading water (without the use of hands), and a timed swim/surface dive to an 8 ft. depth to retrieve a 10 lb. diving brick. **Cost: \$110 (includes instruction, LG book, CPR mask, & certification (with passing scores) *Call or email to register by July 15th.**

Swimming Lesson Test-Out Dates

- **Saturday, June 1st from 9-11am or 5-6pm, or Monday, June 3rd from noon-1pm**
- **Thursday, August 22nd from 5-6pm or Saturday, August 24th from 9-11am**
- **Cost: FREE! Test-out should take about 15-20 minutes.**

It is our goal at Syverson Pool to have children placed in appropriate levels before swimming lessons begin. Since swimmers develop at different rates and can develop necessary growth and swimming skills between seasons, we offer this free service. So, if your child received a “possible test-out” notation last year, if he/she has had marked growth or improvement since last summer, or if your child has not taken lessons before and you need placement advice, please come to test-out. One of our certified Water Safety Instructors (WSIs) will observe your child’s swimming skills and place him/her in the appropriate level. Please bring your child’s last Skills Sheet if you have it.

Private Swimming Lessons

- **Lessons scheduled individually around pool calendar & instructor schedule**
- **Cost: \$25 per half hour per instructor**

It’s never too late to learn how to swim! In private lessons, adults and children can begin to feel comfortable and confident in the water as you learn about the physical properties of water and the natural buoyancy of the human body. Learn to enjoy the water and learn to SWIM . . . you’ll be so glad you did! Classes are individually paced. Call or email with questions or for more details.

Family Fun Night

- **Family Fun Night: Sunday evenings all summer 6:00-8:30pm starting June 9th**
- **Cost: FREE with a season pass, or a \$2 per person drop-in fee**

This is a special time for parents and kids to swim together! We will offer the use of our fun pool toys and great family-friendly music. **(The whistle will blow at 8pm, and all unaccompanied children will depart. The remaining parents/guardians need to be in the water participating with their children until the event ends at 8:30pm. Please honor the intent of the event . . . swimming together with your kids and creating wonderful memories!)**

Teen Night

- **Teen Night: Monday nights all summer from 8:15-9:15pm starting June 10th**
- **Cost: FREE with a season pass, or a \$2 drop-in fee per person**

This program has been a great hit with teens, as they get to swim with their friends, listen to great music, and play with the pool’s fun toys! The teen nights will begin with **Middle School Teen Night (students entering grades 6, 7, & 8) on June 10th**, and will continue with the **High School Teen Night (students entering grades 9-12) on June 17th**. The teen nights will alternate from MS/HS throughout the summer. **All pool rules still apply!**

Adult Lap Swim

- **Adult Lap Swim:**
 - **Every Tuesday & Thursday evening (8:15-9:15pm ~ June 11th to August 25th)**
 - **Monday, Tuesday, & Thursday mornings (7:30-8:30am ~ *No June 10th, June: 11, 13, 17, 18, 20; July: 8, 9, 11, 15, 16, 18, 22, 23, 25, 29, 30; and Aug. 1)**
- **More dates may be added depending upon interest and availability.**
- **Cost: FREE with a season pass, or \$2 drop-in fee**

This is a great opportunity for adults to exercise & swim laps without the crowds!

Water Aerobics

- **Water Aerobics: every Tuesday & Thursday evening 8:15-9:15pm from June 11th through Aug. 22nd**
- **Cost: FREE with a season pass, \$45/10 punch card option, or a \$5 drop-in fee)**

This is a wonderful low-impact water workout! Water exercise is great for the body and mind ~ the water keeps you cool, its buoyancy causes less stress on your joints than regular aerobics, and its resistance enables you to get a great muscular and cardiovascular workout. It's a super workout for both women and men. Swimming skills are not required. Come join the fun!

Synchronized Swim Team

- **Synchronized Swim Team practices will be held every weekday for one week, beginning Wednesday, July 10th from 12:15-1:00pm with a performance on Wednesday, July 17th at 8:20pm.**
- **Cost: \$15 or FREE with season pass!**

For kids **at least 8 years old and older (need to have passed swimming test for the deep end of the pool)** are invited to join in creating a synchronized swim and diving show to music. Practices will culminate with a performance night for parents, friends, and spectators.

Mock Emergency

- **Date TBD from 7:30-8:30pm (The pool will close at 7:30pm for the mock drill.)**

We will hold a staged emergency to allow our pool staff and local emergency services personnel to practice pool rescues. Come see your local professional rescuers in action!

Rent the Pool!

- **Rental Fee: \$75 per hour for up to 25 swimmers (\$15/hr extra beyond 25 swimmers)**
- **Days and times offered include: most Saturdays between 10am – 12:30pm, weekdays when swimming lessons are not in session between 10am – 12:30pm, Wednesdays from 8:15-9:15pm, and Fridays and Saturdays from 8:15-9:15pm.**

Renting the pool is great for birthday parties and group outings! A picnic area outside of the pool is available for serving food. All pool rules still apply! Call or email for availability.

For more pool information, check out:

- **School District of Spring Valley website homepage at www.springvalley.k12.wi.us , click on “Syverson Pool” on the right-hand side of the page.**
- **Updated posts can also be accessed on Facebook:**
 - **Syverson Pool–Spring Valley, WI FB Page**
 - **School District of Spring Valley FB Page**
 - **Spring Valley Community FB Page**

Syverson Pool Rules ~ Safety First!

WISCONSIN STATE REGULATIONS:

- Do not enter the pool if you have a contagious condition or an open wound.
- No food, drinks, or gum are allowed in the pool house or on the pool deck. (Only clear water in unbreakable containers is allowed.)
- Glass and shatterable items are prohibited in the pool area.
- **Everyone must shower before entering the pool and after using toilet facilities.** Shower use must not be abused – shower only before entering the pool, after using the toilet, and before leaving the pool. (Please encourage your children to be mindful of not wasting this valuable and expensive natural resource. Continued excessive use by patrons after warnings will result in disciplinary action.)
- No tobacco or alcohol products are allowed on school property - pool grounds or parking lot.
- Animals are not allowed in the pool house or swimming pool area.
- Diaper changing on the pool deck is prohibited – diaper changing facilities are located in both locker rooms. **Any child not toilet trained must wear a “Little Swimmer” & plastic pants.**

SYVERSON POOL REGULATIONS:

- **Any child under the age of 8 years must be accompanied on the property by an adult or a responsible babysitter (at least 12 years of age) who will maintain supervision of the child in the pool.**
- **Any child under the age of 4 years must be accompanied in the water by an adult.**
- **Anyone under 18yrs. must complete a swimming test to swim in the deeper sections of the pool.** (See “Swim Test Procedure for details.)
- **For safety reasons, adults may only take children (who have not passed the required swimming tests) into the 1st & 2nd sections of the pool. Do not enter the 3rd section.**
- Do not run or engage in rough play in the pool house or pool area. Walk please!
- Foul language and/or behavior will not be tolerated – both will be subject to discipline.
- Please do not hang on or sit on the safety ropes – they are to be used only in an emergency.
- Please do not distract the lifeguards; speak to them only when necessary. Questions that require extended explanation should be directed to the office staff.
- **Flotation devices (PFDs, “floatie” arm bands, blow-up tubes, etc.) are not allowed in the pool.** PFDs are used by the pool staff during swimming lessons as educational tools.
- The pool provides diving toys and sponge balls for patron use. Patron pool toys need to be approved by a supervising lifeguard.
- **NO DIVING in the 1st & 2nd sections, or in the 3rd section before the ladder. In order to reduce the risk of head, neck, & back injuries diving is only allowed beyond the ladder.**
- **Only FRONT jumps & dives are allowed from the side of the pool – back dives, flips, cannonballs, etc. may be done off the diving board.**
- Safety equipment must not be moved or used by unauthorized persons.
- **A patron who is observed breaking a rule will be re-directed and given a warning but will be subject to disciplinary action if a lifeguard’s re-direction is not followed.**

Diving Board Rules

- **One person** on the diving board at a time – others must wait on deck.
- **One bounce** on the board only – safety first!
- Dives, back dives, flips, back flips etc. are allowed off the board. (Only FRONT jumps and dives are allowed from the pool deck.)
- Make sure the area in front of and under the diving board is **clear before jumping.**
- **Do not hang** from the diving board.
- **Jump straight off the board**, then swim directly to the ladder and exit the pool.
- **No free swimming is allowed at any time under diving board or in diving board area.**

Disciplinary Procedure

A patron breaking a rule will be asked once to refrain. If the rule is broken again, the patron will be asked to sit out of the pool for a designated period of time - depending on the age and behavior of the patron. If poor behavior persists or if more serious behavior occurs initially, this procedure will be followed:

- 1st offense – patron out from the pool for 24 hours and parent/guardian notified
- 2nd offense - patron out for one week and parent/guardian notified
- 3rd offense – patron out for the remainder of the season and parent/guardian notified

Swim Test Procedure

If you would like to swim in the pool beyond the 1st section and are **under the age of 18 years**, you must complete a swimming test that is monitored by a lifeguard. You may complete one test that will enable you to swim in the entire pool, or you may do individual tests for each section of the pool. **(Parents/guardians may swim in the 2nd section of the pool with a child who has not done a swim test - but must be with the child at all times. Parents/guardians may not take a child who has not passed the swim test into the 3rd or 4th sections of the pool.)** Patrons under 18 are required to complete new swim tests each summer.

Procedure:

1. Go to the appropriate section of the pool and ask the lifeguard if you could take a swimming test. (If the pool is extremely busy, the lifeguard may ask you to wait.)
2. Listen to the directions the lifeguard gives. When the lifeguard instructs you to, enter the water and swim near the safety line while completing the swimming test.
 - **2nd Section** – Swim 1 lap on your front or side without touching the bottom of the pool. Then, demonstrate your ability to back float.
 - **3rd Section** – Swim 2 laps on your front or side. Demonstrate your ability to tread water for 30 seconds. Demonstrate your ability to back float.
 - **4th Section** – Swim 4 laps on your front or side. Demonstrate your ability to tread water for 1 minute. Demonstrate your ability to back float.

Note:

- Stronger swimmers may ask to immediately swim the 4th section test which, if passed, will give access to the whole pool.
 - One lap consists of swimming across the pool and back. During the swim test you may pause between laps for 5-10 seconds at the side of the pool.
 - In order for the swim test to be valid, you may not touch the bottom of the pool or grab the safety lines while you are swimming – unless your path is impeded by another swimmer. A lifeguard must administer and witness the swim test.
 - You may complete the swim test using any stroke on your front or side.
3. Once you have successfully completed and passed a swim test, your name will be recorded by our staff. You will be able to swim for the rest of the summer in the sections of the pool for which you have passed a swimming test. Have fun & be safe!

Please feel free to call with any questions, concerns, compliments, or ideas.

Here's to a great summer at the pool!

Syverson Pool : (715) 778-5605 (after June 1st)

**Pool Director at home: Kelly Johnson (715) 778-4335
or email at johnsonk@springvalley.k12.wi.us.**